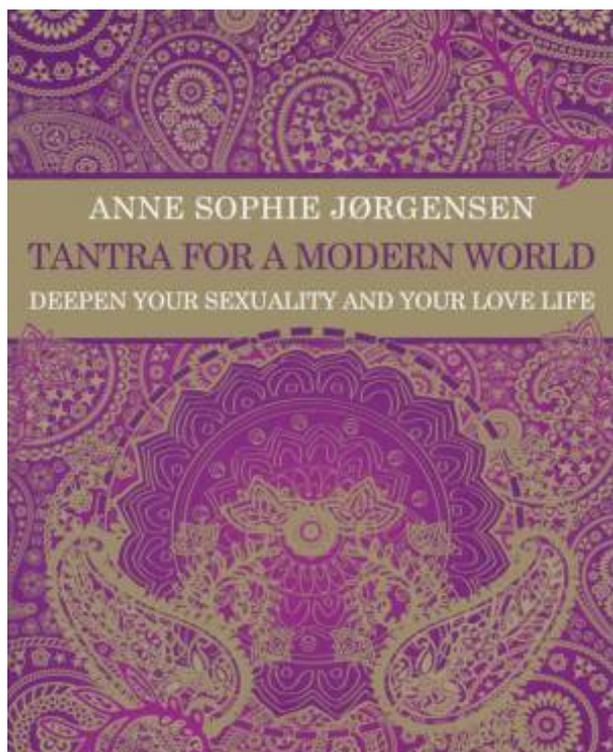


# Tantra for a Modern World



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About the book Tantra for a Modern World A central theme in Anne Sophie Jørgensen's authorship is tantra. She revives a thousand year old eastern tradition and translates its practice into a modern context. Established couples, new couples and singles are invited to integrate spirituality, compassion and sexuality with a busy everyday life. A few topics from the book are: How to go from traditional lovers to a tantric relationship Unfolding the full sexual potential Body meets body, heart meets heart, and soul meets soul The book contains many personal accounts of tantric experiences from Anne Sophie's students, and all chapters are followed by instructive practical exercises.

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